



# THICK-N INSTANT Liquid

THICKENING CONCENTRATE  
FOR THE MANAGEMENT OF DYSPHAGIA



1 pump = 5.4mL



## 1.5L Prescribing Guide

Precise® Thick-N INSTANT is a versatile liquid thickener specifically designed to enable people with dysphagia to safely consume their favourite drinks. It is accurate, safe, fast, convenient and neutral flavour.

1 DAY mL per day	LEVEL 1		LEVEL 2		LEVEL 3		LEVEL 4	
	Pumps	mL	Pumps	mL	Pumps	mL	Pumps	mL
200	1	5.4	2	10.8	4	21.6	8	43.2
600	3	16.2	6	32.4	12	64.8	24	129.6
1000	5	27	10	54	20	108	40	216
2000	10	54	20	108	40	216	80	432

7 DAYS mL per day	LEVEL 1		LEVEL 2		LEVEL 3		LEVEL 4	
	1.5L Bottle	Pumps	1.5L Bottle	Pumps	1.5L Bottle	Pumps	1.5L Bottle	Pumps
200	1	7	1	14	1	28	1	56
600	1	21	1	42	1	84	1	168
1000	1	35	1	70	1	140	2	280
2000	1	70	1	140	2	280	3	560

28 DAYS mL per day	LEVEL 1		LEVEL 2		LEVEL 3		LEVEL 4	
	1.5L Bottle	Pumps	1.5L Bottle	Pumps	1.5L Bottle	Pumps	1.5L Bottle	Pumps
200	1	28	1	56	1	112	1	224
600	1	84	1	168	2	336	3	672
1000	1	140	2	280	3	560	5	1120
2000	2	280	3	560	5	1120	9	2240

The charts above help determine the amount of Precise® Thick-N INSTANT required to thicken drinks for a patient during a given period. Fluid intake and individual patients' requirements should be determined by a healthcare professional.

**IMPORTANT:** FOR ADULT USE. DO NOT USE IN INFANTS OR CHILDREN UNDER 12 YEARS OF AGE WITHOUT CONSULTING A HEALTHCARE PROFESSIONAL. PRODUCT INTENDED TO BE USED UNDER SUPERVISION. IF USED IN ACCORDANCE WITH MANUFACTURER'S INSTRUCTIONS, THICKENED BEVERAGES WILL CONFORM TO STANDARDISED TERMINOLOGY OF THE INTERNATIONAL DYSPHAGIA DIET STANDARDISATION INITIATIVE (IDDSI) FRAMEWORK. NOT SUITABLE AS A SOLE SOURCE OF NUTRITION. NOT INTENDED FOR PARENTERAL USE. DO NOT USE IN THICKENING MEDICATION WITHOUT CONSULTING A PHARMACIST, DOCTOR OR OTHER SUITABLY QUALIFIED HEALTHCARE PROFESSIONAL.