

Cookie policy

Thank you for visiting Precise Health Ltd ("**Precise**", "**We**", "**Us**" or "**Our**") website www.precisethickn.co.uk ("**Site**") This cookie policy explains what cookies are and how We use them, the types of cookies We use, how that information is used and how to control the cookie preferences.

Our Site uses cookies to distinguish you from other users of Our Site. This helps Us to provide you with a good experience when you use Our Site and also allows Us to improve Our Site.

1 What are cookies?

A cookie is a small file that asks permission to be placed on your device's hard drive. Once you agree, the file is added, and the cookie helps analyse web traffic or lets you know when you visit a particular site. Cookies allow web applications to respond to you as an individual. Our Site can tailor its operations to your needs, likes and dislikes by gathering and remembering information about your preferences.

Cookies help Us provide you with a better experience by enabling Us to monitor which pages you find useful and which you do not. A cookie in no way gives Us access to your computer, mobile device or any information about you, other than the data you choose to share with Us.

2 Types of cookies We use

Our Site uses the following types of cookies:

Type of cookie	Purpose
Strictly necessary cookies	These are cookies that are required for the operation of the Site. They include, for example, cookies that enable you to log into secure areas of the Site.
Analytical or performance cookies	These allow Us to recognise and count the number of visitors and to see how visitors move around the Site when they are using it. This helps Us to improve the way Our Site works, for example, by ensuring that users are finding what they are looking for easily.
Functionality cookies	These are used to recognise you when you return to Our Site. This enables Us to personalise Our content for you, greet you by name and remember your preferences (for example, your choice of language or region).
Targeting cookies.	These cookies record your visit to our Site, the pages you have visited and the links you have followed. We will use this information to make Our Site and the advertising displayed on them more relevant to your interests.

We have carefully chosen these cookies and have taken steps to ensure that your privacy is protected and respected at all times.

3 **How to control your cookies**

You can choose to accept or decline cookies by clicking on the Cookie Settings tab on your screen. Most web browsers automatically accept cookies, but you can usually modify your browser setting to decline cookies if you prefer. This may prevent you from taking full advantage of Our Site.

4 **Changes to this policy**

We reserve the right to change this cookie policy as We may deem necessary from time to time or as may be required by law. Any changes will be immediately posted on Our Site, and you are deemed to have accepted the terms of the cookie policy on your first use of Our Site following the alterations.

5 **Contact details**

If you have any questions about this cookie policy or Our data protection practices, please contact Us using the following details:

Full name of legal entity: Precise Health Ltd

Email address: info@precisethickn.co.uk

Postal address: Regal House, 70 London Rd, Twickenham, London, TW1 3QS.